# $L^p$ norms of trigonometric polynomials

Jordan Bell jordan.bell@gmail.com Department of Mathematics, University of Toronto

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A trigonometric polynomial of degree n is an expression of the form

$$\sum_{k=-n}^{n} c_k e^{ikt}, \qquad c_k \in \mathbb{C}.$$

Using the identity  $e^{it} = \cos t + i \sin t$ , we can write a trigonometric polynomial of degree n in the form

$$a_0 + \sum_{k=1}^n a_k \cos kt + \sum_{k=1}^n b_k \sin kt, \qquad a_k, b_k \in \mathbb{C}.$$

For  $1 \leq p < \infty$  and for a  $2\pi\text{-periodic function } f,$  we define the  $L^p$  norm of f by

$$||f||_p = \left(\frac{1}{2\pi} \int_0^{2\pi} |f(t)|^p dt\right)^{1/p}$$

For a continuous  $2\pi$ -periodic function f, we define the  $L^{\infty}$  norm of f by

$$||f||_{\infty} = \max_{0 \le t \le 2\pi} |f(t)|.$$

If f is a continuous  $2\pi$ -periodic function, then there is a sequence of trigonometric polynomials  $f_n$  such that  $||f - f_n||_{\infty} \to 0$  as  $n \to \infty$  [31, p. 54, Corollary 5.4].

If  $1 \le p < \infty$  and f is a continuous  $2\pi$ -periodic function, then

$$||f||_p = \left(\frac{1}{2\pi} \int_0^{2\pi} |f(t)|^p dt\right)^{1/p} \le \left(\frac{1}{2\pi} \int_0^{2\pi} ||f||_\infty^p dt\right)^{1/p} = ||f||_\infty.$$

Jensen's inequality [16, p. 44, Theorem 2.2] (cf. [30, p. 113, Problem 7.5]) tells us that if  $\phi : [0, \infty) \to \mathbb{R}$  is convex, then for any function  $h : [0, 2\pi] \to [0, \infty)$  we have

$$\phi\left(\frac{1}{2\pi}\int_0^{2\pi}h(t)dt\right) \le \frac{1}{2\pi}\int_0^{2\pi}\phi(h(t))dt.$$

If  $1 \leq p < q < \infty$ , then  $\phi : [0, \infty) \to \mathbb{R}$  defined by  $\phi(x) = x^{q/p}$  is convex. Hence, if  $1 \leq p < q < \infty$  then for any  $2\pi$ -periodic function f,

$$\begin{split} \|f\|_{p} &= (\phi(\|f\|_{p}^{p}))^{1/q} \\ &= \left(\phi\left(\frac{1}{2\pi}\int_{0}^{2\pi}|f(t)|^{p}dt\right)\right)^{1/q} \\ &\leq \left(\frac{1}{2\pi}\int_{0}^{2\pi}\phi(|f(t)|^{p})dt\right)^{1/q} \\ &= \left(\frac{1}{2\pi}\int_{0}^{2\pi}|f(t)|^{q}dt\right)^{1/q} \\ &= \|f\|_{q}. \end{split}$$

The Dirichlet kernel  $D_n$  is defined by

$$D_n(t) = \sum_{k=-n}^n e^{ikt} = 1 + 2\sum_{k=1}^n \cos kt.$$

One can show [14, p. 71, Exercise 1.1] that

$$||D_n||_1 = \frac{4}{\pi^2} \cdot \log n + O(1).$$

(On the other hand, it can quickly be seen that  $||D_n||_{\infty} = 2n+1$ , and it follows from Parseval's identity that  $||D_n||_2 = \sqrt{2n+1}$ .)

Pólya and Szegő [27, Part VI] present various problems about trigonometric polynomials together with solutions to them. A result on  $L^{\infty}$  norms of trigonometric polynomials that Pólya and Szegő present is for the sum  $A_n(t) = \sum_{k=1}^{n} \frac{\sin kt}{k}$ . The local maxima and local minima of  $A_n$  can be explicitly determined [27, p. 74, no. 23], and it can be shown that [27, p. 74, no. 25]

$$||A_n||_{\infty} \sim \int_0^\pi \frac{\sin t}{t} dt$$

## 1 $L^p$ norms

If  $1 \le p < q < \infty$ , then [14, p. 123, Exercise 1.8] (cf. [7, p. 102, Theorem 2.6]) there is some C(p,q) such that for any trigonometric polynomial f of degree n, we have

$$||f||_q \le C(p,q) n^{\frac{1}{p} - \frac{1}{q}} ||f||_p.$$

This inequality is sharp [33, p. 230]: for  $1 \le p < q < \infty$  there is some C'(p,q) such that if  $F_n(t) = \frac{1}{n} \sum_{k=0}^{n-1} D_k(t)$  ( $F_n$  is called the *Fejér kernel*) then

$$||F_n||_q > C'(p,q)n^{\frac{1}{p}-\frac{1}{q}}||F_n||_p.$$

Let  $X_n = \{a_0 + \sum_{k=1}^n a_k \cos kt + b_k \sin kt : a_k, b_k \in \mathbb{R}\}$ , the real vector space of real valued trigonometric polynomials of degree n, have norm

$$||f||_{X_n} = \max\{|a_0|, |a_1|, \dots, |a_n|, |b_1|, \dots, |b_n|\}$$

Let  $Y_{n,p}$  be the same vector space with the  $L^p$  norm. Ash and Ganzburg [1] give upper and lower bounds on the operator norm of the map  $i: X_n \to Y_{n,p}$  defined by i(f) = f.

Bernstein's inequality [14, p. 50, Exercise 7.16] states that for  $1 \le p \le \infty$ , if f is a trigonometric polynomial of degree n, then

$$||f'||_p \le n ||f||_p$$

In the other direction, if  $f \in C^1$  then

$$\begin{aligned} &\frac{1}{2\pi} \int_0^{2\pi} f(s)ds + \frac{1}{2\pi} \int_0^t sf'(s)ds + \frac{1}{2\pi} \int_t^{2\pi} (s-2\pi)f'(s)ds \\ &= \frac{1}{2\pi} \int_0^{2\pi} f(s)ds + \frac{1}{2\pi} \int_0^{2\pi} sf'(s)ds - \int_t^{2\pi} f'(s)ds \\ &= \frac{1}{2\pi} \int_0^{2\pi} f(s)ds + \frac{1}{2\pi} sf(s) \Big|_0^{2\pi} - \frac{1}{2\pi} \int_0^{2\pi} f(s)ds - f(s) \Big|_t^{2\pi} \\ &= f(t). \end{aligned}$$

Hence

$$\begin{aligned} |f(t)| &\leq \frac{1}{2\pi} \int_0^{2\pi} |f(s)| ds + \frac{1}{2\pi} \int_0^t s |f'(s)| ds + \frac{1}{2\pi} \int_t^{2\pi} (2\pi - s) |f'(s)| ds \\ &\leq \frac{1}{2\pi} \int_0^{2\pi} |f(s)| ds + \int_0^t |f'(s)| ds + \int_t^{2\pi} |f'(s)| ds \\ &= \|f\|_1 + 2\pi \|f'\|_1, \end{aligned}$$

 $\mathbf{SO}$ 

$$||f||_{\infty} \le ||f||_1 + 2\pi ||f'||_1.$$

This is an instance of the Sobolev inequality [26].

It turns out that for a trigonometric polynomial the mass cannot be too concentrated. More precisely, the number of nonzero terms of a trigonometric polynomial restricts how concentrated its mass can be. Let  $d\mu = \frac{dt}{2\pi}$ . Thus  $\mu([0, 2\pi]) = 1$ . A result of Turán [20, p. 89, Lemma 1] states that if  $\lambda_1, \ldots, \lambda_N \in \mathbb{Z}$  and  $T(t) = \sum_{n=1}^{N} b_n e^{i\lambda_n t}$ ,  $b_n \in \mathbb{C}$ , then for any closed arc  $I \subset [0, 2\pi]$ ,

$$||T||_{\infty} \le \left(\frac{2e}{\mu(I)}\right)^{N-1} \max_{t \in I} |T(t)|.$$

Nazarov [11, p. 452] shows that there is some constant A such that if E is a closed subset of  $[0, 2\pi]$  (not necessarily an arc), then

$$\|\hat{T}\|_{1} \le \left(\frac{A}{\mu(E)}\right)^{N} \max_{t \in E} |f(T)|.$$

Nazarov [23] proves that there exists some constant C such that if  $0 \le q \le 2$ and  $\mu(E) \ge \frac{1}{3}$ , then

$$||T||_q \le e^{C(N-1)\left(1 - \frac{\mu(E)}{2\pi}\right)} \left(\frac{1}{2\pi} \int_E |T(t)|^q dt\right)^{1/q}$$

These results of Turan and Nazarov are examples of the *uncertainty principle* [9], which is the general principle that a constrain on the support of the Fourier transform of a function constrains the support of the function itself.

In [10], Hardy and Littlewood present inequalities for norms of  $2\pi$ -periodic functions in terms of certain series formed from their Fourier coefficients. Let  $c_k \in \mathbb{C}, k \in \mathbb{Z}$ , be such that  $c_k \to 0$  as  $k \to \pm \infty$ , and define  $c_0^*, c_1^*, c_{-1}^*, c_2^*, c_{-2}^*, \ldots$  to be the absolute values of the  $c_k$  ordered in decreasing magnitude. For real r > 1, define

$$S_r^*(c) = \left(\sum_{k=-\infty}^{\infty} c_k^{*r} (|k|+1)^{r-2}\right)^{1/r}.$$

For instance, if  $c_k = 1$  for  $-N \leq k \leq N$  and  $c_k = 0$  for |k| > N, then  $S_r^*(c) = \left(1 + 2\sum_{k=2}^{N+1} k^{r-2}\right)^{1/r}$ . Hardy and Littlewood state the result [10, p. 164, Theorem 2] that if 1 then there is some constant <math>A(p) such that for any sequence c, with  $c_k \to 0$  as  $k \to \pm \infty$ , if  $f(t) = \sum_{k=-\infty}^{\infty} c_k e^{ikt}$  and  $\|f\|_p < \infty$  then

$$S_{p}^{*}(c) \leq A(p) ||f||_{p}.$$

A proof of this is given in Zygmund [35, vol. II, p. 128, chap. XII, Theorem 6.3]. Asking if this inequality holds for p = 1 suggests the following question that Hardy and Littlewood pose at the end of their paper [10, p. 168]: Is there a constant A such that for all distinct positive integers  $m_k, k = 1, \ldots, N$ , we have

$$\|\sum_{k=1}^{N} \cos m_k t\|_1 > A \log N?$$

McGehee, Pigno and Smith [18] prove that there is some K such that for all N, if  $n_1, \ldots, n_N$  are distinct integers and  $c_1, \ldots, c_N \in \mathbb{C}$  satisfy  $|c_k| \ge 1$ , then

$$\|\sum_{k=1}^{N} c_k e^{in_k t}\|_1 > K \log N.$$

Thus

$$\|\sum_{k=1}^{N} \cos m_k t\|_1 = \frac{1}{2} \cdot \|\sum_{k=1}^{N} e^{im_k t} + e^{-im_k t}\|_1 \ge \frac{1}{2} \cdot K \log(2N).$$

For  $k \geq 2$ , define  $T_N(t) = \sum_{n=1}^N e^{in^k t}$ . Since  $||T_N||_{\infty} = N$ , for each  $p \geq 1$  we have  $||T_N||_p \leq N$ . Hua's lemma [22, p. 116, Theorem 4.6] states that if  $\epsilon > 0$ , then

$$||T_N||_{2^k} = O\left(N^{1-\frac{k}{2^k}+\epsilon}\right).$$

Hua's lemma is used in additive number theory. The number of sets of integer solutions of the equation

$$f(x_1,\ldots,x_n) = N, \qquad a_r \le x_r \le b_r$$

is equal to (cf. [12, p. 151])

$$\sum_{a_1 \le x_1 \le b_1} \cdots \sum_{a_n \le x_n \le b_n} \int_0^1 e^{2\pi i (f(x_1, \dots, x_n) - N)t} dt.$$

Borwein and Lockhart [4]: what is the expected  $L^p$  norm of a trigonometric polynomial of order n? Kahane [13, Chapter 6] also presents material on random trigonometric polynomials.

Nursultanov and Tikhonov [25]: the sup on a subset of  $\mathbb{T}$  of a trigonometric polynomial f of degree n being lower bounded in terms of  $||f||_{\infty}$ , n, and the measure of the subset.

### 2 $\ell^p$ norms

For a  $2\pi$ -periodic function f, we define  $\hat{f} : \mathbb{Z} \to \mathbb{C}$  by

$$\hat{f}(k) = \frac{1}{2\pi} \int_0^{2\pi} e^{-ikt} f(t) dt$$

For  $1 \leq p < \infty$ , we define the  $\ell^p$  norm of  $\hat{f}$  by

$$\|\hat{f}\|_{p} = \left(\sum_{k=-\infty}^{\infty} |\hat{f}(k)|^{p}\right)^{1/p},$$

and we define the  $\ell^\infty$  norm of  $\hat{f}$  by

$$\|\hat{f}\|_{\infty} = \max_{k \in \mathbb{Z}} |\hat{f}(k)|.$$

Parseval's identity [31, p. 80, Theorem 1.3] states that  $||f||_2 = ||\hat{f}||_2$ . If  $1 \le p < \infty$ , then

$$\|\hat{f}\|_{\infty} \le \left(\dots + \|\hat{f}\|_{\infty}^p + \dots\right)^{1/p} = \|\hat{f}\|_p.$$

If  $1 \leq p < q < \infty$ , then, since for each k,  $\frac{|\hat{f}(k)|}{\|\hat{f}\|_q} \leq 1$ ,

$$1 = \left(\sum_{k=-\infty}^{\infty} \left(\frac{|\hat{f}(k)|}{\|\hat{f}\|_{q}}\right)^{q}\right)^{1/q} \le \left(\sum_{k=-\infty}^{\infty} \left(\frac{|\hat{f}(k)|}{\|\hat{f}\|_{q}}\right)^{p}\right)^{1/q} = \frac{\|\hat{f}\|_{p}^{p/q}}{\|\hat{f}\|_{q}^{p/q}}$$

Hence for  $1 \leq p ,$ 

$$\|\hat{f}\|_q \le \|\hat{f}\|_p$$

For  $1 \leq p < \infty$ , if f is a trigonometric polynomial of degree n then

$$\|\hat{f}\|_{p} = \left(\sum_{k=-n}^{n} |\hat{f}(k)|^{p}\right)^{1/p} \le \left(\sum_{k=-n}^{n} \|\hat{f}\|_{\infty}^{p}\right)^{1/p} = (2n+1)^{1/p} \|\hat{f}\|_{\infty}$$

For  $1 \le p < q < \infty$ , we have [30, p. 123, Problem 8.3] (this is Jensen's inequality for sums)

$$\left(\sum_{k=-n}^{n} \frac{1}{2n+1} |\hat{f}(k)|^p\right)^{1/p} \le \left(\sum_{k=-n}^{n} \frac{1}{2n+1} |\hat{f}(k)|^q\right)^{1/q},$$

i.e.

$$(2n+1)^{-1/p} \|\hat{f}\|_p \le (2n+1)^{-1/q} \|\hat{f}\|_q.$$

Hence for 1 ,

$$\|\hat{f}\|_p \le (2n+1)^{\frac{1}{p}-\frac{1}{q}} \|\hat{f}\|_q.$$

For any t,

$$|f(t)| = \left| \sum_{k=-\infty}^{\infty} \hat{f}(k) e^{ikt} \right| \le \sum_{k=-\infty}^{\infty} |\hat{f}(k)e^{ikt}| = \sum_{k=-\infty}^{\infty} |\hat{f}(k)| = \|\hat{f}\|_{1}.$$

Hence

$$\|f\|_{\infty} \le \|\hat{f}\|_{1}$$

For any  $k \in \mathbb{Z}$ ,

$$|\hat{f}(k)| = \left|\frac{1}{2\pi} \int_0^{2\pi} e^{-ikt} f(t) dt\right| \le \frac{1}{2\pi} \int_0^{2\pi} |f(t)| dt = ||f||_1.$$

Hence

$$\|f\|_{\infty} \le \|f\|_1.$$

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The Hausdorff-Young inequality [32, p. 57, Corollary 2.4] states that for 1  $\leq$  $p \leq 2$  and  $\frac{1}{p} + \frac{1}{q} = 1$ , if  $f \in L^p$  then

$$\|\widehat{f}\|_q \le \|f\|_p.$$

The dual Hausdorff-Young inequality [32, p. 58, Corollary 2.5] states that for  $1 \le p \le 2$  and  $\frac{1}{p} + \frac{1}{q} = 1$ , if  $f \in L^q$  then

$$\|f\|_q \le \|\hat{f}\|_q$$

A survey on the Hausdorff-Young inequality is given in [6]) For  $M + 1 \le k \le M + N$ , let  $a_k \in \mathbb{C}$  and let  $S(t) = \sum_{k=M+1}^{N+1} a_k e^{ikt}$ . Let  $t_1, \ldots, t_R \in \mathbb{R}$ , and let  $\delta$  be such that if  $r \ne s$  then

$$\|t_r - t_s\| \ge \delta,$$

where  $||t|| = \min_k |t - k|$  is the distance from t to a nearest integer. The large sieve [19] is an inequality of the form

$$\sum_{r=1}^{R} |S(2\pi t_r)|^2 \le \Delta(N, \delta) \sum_{k=M+1}^{M+N} |a_k|^2.$$

A result of Selberg [19, p. 559, Theorem 3] shows that the large sieve is valid for  $\Delta = N - 1 + \delta^{-1}$ .

Kristiansen [15]

Boas [2]

For  $F: \mathbb{Z}/n \to \mathbb{C}$ , its Fourier transform  $\hat{F}: \mathbb{Z}/n \to \mathbb{C}$  (called the *discrete Fourier transform*) is defined by

$$\hat{F}(k) = \frac{1}{n} \sum_{j=0}^{n-1} F(j) e^{-2\pi i j k/n}, \qquad 0 \le k \le n-1,$$

and one can prove [31, p. 223, Theorem 1.2] that

$$F(j) = \sum_{k=0}^{n-1} \hat{F}(k) e^{2\pi i k j/N}, \qquad 0 \le j \le n-1.$$

One can also prove Parseval's identity for the Fourier transform on  $\mathbb{Z}/n$  [31, p. 223, Theorem 1.2]. It states

$$\sum_{k=0}^{n-1} |\hat{F}(k)|^2 = \frac{1}{n} \sum_{j=0}^{n-1} |F(j)|^2.$$

Let 
$$P(t) = \sum_{k=0}^{n-1} a_k e^{ikt}$$
. Define  $F : \mathbb{Z}/n \to \mathbb{C}$  by  

$$F(j) = \sum_{k=0}^{n-1} a_k e^{2\pi i k j/n}, \qquad 0 \le j \le n-1.$$

(That is,  $\hat{F}(k) = a_k$ .) We then have

$$\sum_{k=0}^{n-1} |a_k|^2 = \frac{1}{n} \sum_{j=0}^{n-1} |F(j)|^2 = \frac{1}{n} \sum_{j=0}^{n-1} |P\left(\frac{2\pi j}{n}\right)|^2.$$

Thus

$$\|P\|_{2} = \left(\frac{1}{n}\sum_{j=0}^{n-1} \left|P\left(\frac{2\pi j}{n}\right)\right|^{2}\right)^{1/2}$$

The Marcinkiewicz-Zygmund inequalities [35, vol. II, p. 28, chap. X, Theorem 7.5] state that there is a constant A such that for  $1 \le p \le \infty$ , if f is a trigonometric polynomial of degree n then

$$\left(\frac{1}{2n+1}\sum_{k=0}^{2n}\left|f\left(\frac{2\pi k}{2n+1}\right)\right|^p\right)^{1/p} \le A(2\pi)^{1/p}||f||_p,$$

and for each  $1 there exists some <math>A_p$  such that if f is a trigonometric polynomial of degree n then

$$||f||_{p} \le A_{p} \left(\frac{1}{2n+1} \sum_{k=0}^{2n} \left|f\left(\frac{2\pi k}{2n+1}\right)\right|^{p}\right)^{1/p}.$$

Máté and Nevai [17, p. 148, Theorem 6] prove that for p > 0, if  $S_n$  is a trigonometric polynomial of degree n then

$$||S_n||_{\infty} \le \left(\frac{(1+np)e}{2}\right)^{1/p} ||S_n||_p.$$

Máté and Nevai [17] prove a version of Bernstein's inequality for  $0 , and their result can be sharpened to the following [34]: For <math>0 , if <math>T_n$  is a trigonometric polynomial of order n then

$$||T_n'||_p \le n ||T_n||_p.$$

Let  $\operatorname{supp} \hat{f} = \{k \in \mathbb{Z} : \hat{f}(k) \neq 0\}$ . A subset  $\Lambda$  of  $\mathbb{Z}$  is called a *Sidon set* [28, p. 121, §5.7.2] if there exists a constant B such that for every trigonometric polynomial f with  $\operatorname{supp} \hat{f} \subseteq \Lambda$  we have

$$\|\hat{f}\|_1 \le B \|f\|_\infty$$

Let  $B(\Lambda)$  be the least such B. A sequence of positive integers  $\lambda_k$  is said to be *lacunary* if there is a constant  $\rho$  such that  $\lambda_{k+1} > \rho\lambda_k$  for all k. If  $\lambda_k$  is a lacunary sequence, then  $\{\lambda_k\}$  is a Sidon set [21, p. 154, Corollary 6.17]. If  $\Lambda \subset \mathbb{Z}$ is a Sidon set, then [28, p. 128, Theorem 5.7.7] (cf. [21, p. 157, Corollary 6.19]) for any 2 , for every trigonometric polynomial <math>f with supp  $\hat{f} \subseteq \Lambda$  we have

and

$$||f||_2 \le 2B(\Lambda)||f||_1.$$

 $||f||_p \le B(\Lambda)\sqrt{p}||f||_2,$ 

Let 0 . A subset <math>E of  $\mathbb{Z}$  is called a  $\Lambda(p)$ -set if for every 0 < r < p there is some A(E, p) such that for all trigonometric polynomials f with  $\operatorname{supp} \hat{f} \subset E$  we have

$$||f||_p \le A(E,p)||f||_2$$

 $\Lambda(p)$  sets were introduced by Rudin, and he discusses them in his autobiography [29, Chapter 28]. A modern survey of  $\Lambda(p)$ -sets is given by Bourgain [5].

Bochkarev [3] proves various lower bounds on the  $L^1$  norms of certain trigonometric polynomials. Let  $c_k \in \mathbb{C}, k \geq 1$ . If there are constants A and B such that

$$A\frac{(\log k)^s}{\sqrt{k}} \le |c_k| \le B\frac{(\log k)^s}{\sqrt{k}}, \qquad k \ge 1,$$

then [3, p. 58, Theorem 19]

$$\|\sum_{k=1}^{n} c_k e^{ik^2 t}\|_1 \gg \begin{cases} (\log n)^{s-\frac{1}{2}}, & s > \frac{1}{2}, \\ \log \log n, & s = \frac{1}{2}. \end{cases}$$

If  $P(t) = \sum_{k=0}^{n} a_k e^{ikt}$  with  $a_k \in \{-1, 1\}$ , then by the Cauchy-Schwarz inequality and Parseval's identity we have

$$\|P\|_{1} = \frac{1}{2\pi} \int_{0}^{2\pi} 1 \cdot |P(t)| dt \le \|1\|_{2} \cdot \|P\|_{2} = 1 \cdot \|\hat{P}\|_{2} = \sqrt{n+1}.$$

Newman [24] shows that in fact we can do better than what we get using the Cauchy-Schwarz inequality and Parseval's identity:

$$\|P\|_1 < \sqrt{n+0.97}.$$

A Fekete polynomial is a polynomial of the form  $\sum_{k=1}^{l-1} \left(\frac{k}{l}\right) z^k$ , l prime, where  $\left(\frac{k}{l}\right)$  is the Legendre symbol. Let  $P_l(t) = \sum_{k=1}^{l-1} \left(\frac{k}{l}\right) e^{ikt}$ . Erdélyi [8] proves upper and lower bounds on  $\left(\frac{1}{|I|} \int_I |P_l(t)|^q dt\right)^{1/q}$ , q > 0, where I is an arc in  $[0, 2\pi]$ .

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