

# Unbounded operators and the Friedrichs extension

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## 1 Introduction

In this note, by  $A \subset B$ , I mean that  $A$  is contained in  $B$ , and it may be that  $A = B$ ; usually I write this by  $A \subseteq B$ , but  $A \subset B$  fits with the usual notation for saying that an operator is an extension of another.

In this note, unless we say otherwise  $H$  denotes a Hilbert space over  $\mathbb{C}$ , and we do not presume  $H$  to be separable. We shall write the inner product  $\langle \cdot, \cdot \rangle$  on  $H$  as conjugate linear in the second argument.

We say that  $T$  is an operator in  $H$  if there is a linear subspace  $\mathcal{D}(T)$  of  $H$  such that  $T : \mathcal{D}(T) \rightarrow H$  is a linear map. We call  $\mathcal{D}(T)$  the domain of  $T$  and  $\mathcal{R}(T) = T(\mathcal{D}(T))$  the range of  $T$ . We do not presume unless we say so that  $\mathcal{D}(T)$  is dense in  $H$ , and we say that  $T$  is densely defined when this is so.

Define

$$\mathcal{G}(T) = \{(x, Tx) : x \in \mathcal{D}(T)\},$$

called the graph of  $T$ . We say that an operator  $S$  is an extension of an operator  $T$  if  $\mathcal{G}(T) \subset \mathcal{G}(S)$ , and we write  $T \subset S$ . The set of all extensions of an operator is a partially ordered set, so it makes sense to talk about a maximal extension. In particular, if  $\mathcal{D}(T) = H$  then  $T$  is maximal.

$H \times H$  is a Hilbert space with the inner product

$$\langle (x, y), (v, w) \rangle = \langle x, v \rangle + \langle y, w \rangle.$$

We say that an operator  $T$  is closed if  $\mathcal{G}(T)$  is a closed subset of  $H \times H$ . Thus, to say that  $T$  is a closed operator means that if  $x_n$  is a sequence in  $\mathcal{D}(T)$  and  $(x_n, Tx_n) \rightarrow (x, y) \in H \times H$ , then  $(x, y) \in \mathcal{G}(T)$ , i.e.  $x \in \mathcal{D}(T)$  and  $y = Tx$ . It is apparent that if  $T \in \mathcal{B}(H)$  then  $T$  is closed. On the other hand, if  $T$  is closed and  $\mathcal{D}(T) = H$ , then the closed graph theorem tells us that  $T \in \mathcal{B}(H)$ .

## 2 Adjoints

Following Garrett,<sup>1</sup> we say that an operator  $T'$  is a *sub-adjoint* of an operator  $T$  if

$$\langle Tv, w \rangle = \langle v, T'w \rangle, \quad v \in \mathcal{D}(T), w \in \mathcal{D}(T').$$

Obviously,  $T' = 0$  with  $\mathcal{D}(T') = \{0\}$  is a sub-adjoint of any operator. As well, if  $T$  is densely defined, then for any linear subspace  $V$  of  $H$  there is at most one sub-adjoint of  $T$  with domain  $V$ .

We define  $J : H \times H \rightarrow H \times H$  by  $J(v, w) = (-w, v)$ .  $J$  is unitary. We follow Garrett's proof of the following theorem.<sup>2</sup>

**Theorem 1.** *If  $T$  is densely defined, then it has a unique maximal sub-adjoint, denoted  $T^*$  and called the adjoint of  $T$ .  $T^*$  is closed, with*

$$\mathcal{G}(T^*) = J(\mathcal{G}(T))^\perp.$$

*Proof.* Write  $X = J(\mathcal{G}(T))^\perp$ . Suppose that  $T'$  is a sub-adjoint of  $T$ . For  $w \in \mathcal{D}(T')$  and  $v \in \mathcal{D}(T)$ ,

$$\langle J(v, Tv), (w, T'w) \rangle = \langle (-Tv, v), (w, T'w) \rangle = \langle -Tv, w \rangle + \langle v, T'w \rangle = 0,$$

showing that  $\mathcal{G}(T') \subset X$ .

For any  $w \in H$ , suppose that  $(w, w_1), (w, w_2) \in X$ . This means that for all  $v \in \mathcal{D}(T)$ ,  $\langle (w, w_1), (-Tv, v) \rangle = 0$  and  $\langle (w, w_2), (-Tv, v) \rangle = 0$ , i.e.  $\langle w, -Tv \rangle + \langle w_1, v \rangle = 0$  and  $\langle w, -Tv \rangle + \langle w_2, v \rangle = 0$ , so  $\langle w_1 - w_2, v \rangle = 0$ . Because  $\mathcal{D}(T)$  is dense in  $H$ , this implies that  $w_1 - w_2 = 0$  (lest a sequence of things that are each 0 converge to something that is not 0). Therefore for any  $w \in H$  there is at most one  $w' \in H$  such that  $(w, w') \in X$ , and we define

$$W = \{w \in H : \text{there is some } w' \in H \text{ such that } (w, w') \in X\}.$$

We define  $T^* : W \rightarrow H$  by  $T^*w = w'$ , so  $T^*$  is an operator with  $\mathcal{D}(T^*) = W$ . It is apparent that  $\mathcal{G}(T^*) = X$ .

For  $v \in \mathcal{D}(T)$  and  $w \in \mathcal{D}(T^*)$ , using  $(w, T^*w) \in X$  and  $(-Tv, v) \in J(\mathcal{G}(T))$  we get

$$0 = \langle (-Tv, v), (w, T^*w) \rangle = \langle -Tv, w \rangle + \langle v, T^*w \rangle,$$

showing that  $T^*$  is a sub-adjoint of  $T$ .

If  $T'$  is a sub-adjoint of  $T$ , we have shown that  $\mathcal{G}(T') \subset X$  and that  $\mathcal{G}(T^*) = X$ , giving  $T' \subset T^*$ . Hence  $T^*$  is the unique maximal sub-adjoint of  $T$ .

$\mathcal{G}(T^*) = X$  is an orthogonal complement hence closed in  $H \times H$ , meaning that  $T^*$  is a closed operator, completing the proof.  $\square$

<sup>1</sup>Paul Garrett, *Unbounded operators, Friedrichs extension theorem*, <http://www.math.umn.edu/~garrett/m/v/friedrichs.pdf>

<sup>2</sup>Paul Garrett, *Unbounded operators, Friedrichs extension theorem*, <http://www.math.umn.edu/~garrett/m/v/friedrichs.pdf>

Using the expression in the above theorem for the graph of the adjoint as an orthogonal complement, if  $T_1, T_2$  are densely defined and  $T_1 \subset T_2$ , then  $T_2^* \subset T_1^*$ .

**Definition 2.** Suppose that  $T$  is an operator in  $H$ . We say that  $T$  is self-adjoint if  $T$  is densely defined and  $T = T^*$ , i.e.  $\mathcal{G}(T) = \mathcal{G}(T^*)$ .

**Theorem 3.** If  $T$  is a densely defined closed operator in  $H$ , then

$$H \times H = J(\mathcal{G}(T)) \oplus \mathcal{G}(T^*) = \mathcal{G}(T) \oplus J(\mathcal{G}(T^*)).$$

*Proof.* Because  $T$  is densely defined we have  $\mathcal{G}(T^*) = J(\mathcal{G}(T))^\perp$ . Then taking orthogonal complements,  $\overline{J(\mathcal{G}(T))} = \mathcal{G}(T^*)^\perp$ . But  $T$  is closed and  $J$  is unitary, so  $\overline{J(\mathcal{G}(T))} = J(\mathcal{G}(T))$ , giving  $J(\mathcal{G}(T)) = \mathcal{G}(T^*)^\perp$ . Moreover,  $\mathcal{G}(T^*)$  is a closed linear subspace of  $H \times H$ , so

$$H \times H = \mathcal{G}(T^*) \oplus \mathcal{G}(T^*)^\perp = \mathcal{G}(T^*) \oplus J(\mathcal{G}(T)).$$

Because  $J$  is unitary and  $J^2 = I$ ,

$$H \times H = J(H \times H) = J(\mathcal{G}(T^*)) \oplus J^2(\mathcal{G}(T)) = J(\mathcal{G}(T^*)) \oplus \mathcal{G}(T).$$

□

We now use the above orthogonal direct sum to show that the adjoint of a densely defined closed operator is itself densely defined; then since  $T^*$  is densely defined it makes sense to talk about  $T^{**}$ , and this is equal to  $T$ . The proof follows Rudin.<sup>3</sup>

**Theorem 4.** If  $T$  is a densely defined closed operator in  $H$ , then  $\mathcal{D}(T^*)$  is dense in  $H$  and  $T^{**} = T$ .

*Proof.* Suppose that  $z \in \mathcal{D}(T^*)^\perp$ . For all  $y \in \mathcal{D}(T^*)$ ,  $\langle z, y \rangle = 0$ , which can be written as  $\langle (0, z), (-T^*y, y) \rangle = 0$ , which means that  $(0, z) \in (J(\mathcal{G}(T^*)))^\perp$ . But by Theorem 3,  $(J(\mathcal{G}(T^*)))^\perp = \mathcal{G}(T)$ , so  $(0, z) \in \mathcal{G}(T)$ . That is,  $T(0) = z$ , hence  $z = 0$ . Therefore  $\mathcal{D}(T^*)^\perp = \{0\}$ , which implies that  $\mathcal{D}(T^*)$  is dense in  $H$ .

Because  $T^*$  is densely defined, we can apply Theorem 3 to get

$$H \times H = J(\mathcal{G}(T^*)) \oplus \mathcal{G}(T^{**}).$$

But we also have

$$H \times H = \mathcal{G}(T) \oplus J(\mathcal{G}(T^*)).$$

Therefore  $\mathcal{G}(T^{**}) = \mathcal{G}(T)$ .

□

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<sup>3</sup>Walter Rudin, *Functional Analysis*, second ed., p. 354, Theorem 13.12.

### 3 Symmetric operators

We say that an operator  $T$  in  $H$  is *symmetric* if

$$\langle Tx, y \rangle = \langle x, Ty \rangle, \quad x, y \in \mathcal{D}(T).$$

**Theorem 5.** *Suppose that  $T$  is a densely defined operator in  $H$ . Then  $T$  is symmetric if and only if  $T \subset T^*$ .*

*Proof.* Suppose that  $T$  is symmetric. For  $v, w \in \mathcal{D}(T)$ ,

$$\langle (-Tv, v), (w, Tw) \rangle = \langle -Tv, w \rangle + \langle v, Tw \rangle = 0,$$

showing by Theorem 1 that  $(w, Tw) \in \mathcal{G}(T^*)$ . Therefore  $\mathcal{G}(T) \subset \mathcal{G}(T^*)$ , i.e.  $T \subset T^*$ .

Suppose that  $T \subset T^*$ . For  $x, y \in \mathcal{D}(T)$ , the fact that  $T \subset T^*$  gives  $Tx = T^*x$ , so

$$\langle x, Ty \rangle = \langle x, T^*y \rangle = \langle Tx, y \rangle,$$

showing that  $T$  is symmetric. □

**Lemma 6.** *If  $T$  is a symmetric operator in  $H$  and  $\lambda \in \mathbb{C}$  is an eigenvalue of  $T$ , then  $\lambda \in \mathbb{R}$ .*

*Proof.* Let  $v \in \mathcal{D}(T)$ ,  $v \neq 0$  and  $Tv = \lambda v$ .  $T$  being symmetric gives  $\langle Tv, v \rangle = \langle v, Tv \rangle$ , hence  $\langle \lambda v, v \rangle = \langle v, \lambda v \rangle$  and thus  $\lambda \|v\| = \overline{\lambda} \|v\|$ , and  $\|v\| \neq 0$  so  $\lambda = \overline{\lambda}$ , meaning  $\lambda \in \mathbb{R}$ . □

**Definition 7.** *An operator  $T$  in  $H$  is called positive if it is symmetric and if*

$$\langle Tv, v \rangle \geq 0, \quad v \in \mathcal{D}(T);$$

*we stipulate that  $T$  is symmetric so that the left-hand side of the above inequality is real.*

### 4 The Hellinger-Toeplitz theorem

The Hellinger-Toeplitz theorem is the statement that if an operator in a Hilbert space is defined everywhere and is symmetric, then it is in fact bounded. Our proofs follows Rudin.<sup>4</sup>

**Theorem 8** (Hellinger-Toeplitz theorem). *If  $T$  is a symmetric operator in  $H$  with  $\mathcal{D}(T) = H$ , then  $T \in \mathcal{B}(H)$ .*

*Proof.* Because  $\mathcal{D}(T) = H$ , of course  $T$  is densely defined, so because  $T$  is symmetric, by Theorem 5 we have  $T \subset T^*$ ; it makes sense to talk about  $T^*$  because  $T$  is densely defined.  $T \subset T^*$  and  $\mathcal{D}(T) = H$  together imply  $T = T^*$ . But from Theorem 1,  $\mathcal{G}(T^*)$  is closed, and hence  $\mathcal{G}(T)$  is closed too. Then, because  $\mathcal{D}(T) = H$  and  $\mathcal{G}(T)$  is closed, the closed graph theorem tells us that  $T$  is continuous. □

<sup>4</sup>Walter Rudin, *Functional Analysis*, second ed., p. 353, Theorem 13.11.

## 5 Friedrichs extension

The proof of the following theorem expands on Garrett.<sup>5</sup>

**Theorem 9** (Friedrichs extension). *If  $T$  is densely defined and positive, then there is an operator in  $H$  that is self-adjoint and positive and whose restriction to  $\mathcal{D}(T)$  is equal to  $T$ .*

*Proof.* Define

$$\langle v, w \rangle_1 = \langle v, w \rangle + \langle Tv, w \rangle, \quad v, w \in \mathcal{D}(T).$$

It is apparent that  $\langle \cdot, \cdot \rangle_1$  is a Hermitian form on the vector space  $\mathcal{D}(T)$ , conjugate linear in the second argument. Moreover, for  $v \in \mathcal{D}(T)$ ,

$$\langle v, v \rangle_1 = \langle v, v \rangle + \langle Tv, v \rangle \geq 0$$

because  $T$  is positive. Therefore  $\langle \cdot, \cdot \rangle_1$  is an inner product on  $\mathcal{D}(T)$ .

Let  $K$  be the completion of  $\mathcal{D}(T)$  with respect to the inner product  $\langle \cdot, \cdot \rangle_1$ . That is,  $K$  is a Hilbert space, and there is a one-to-one linear map  $k : \mathcal{D}(T) \rightarrow K$  such that  $\langle kv, kw \rangle_K = \langle v, w \rangle_1$  for all  $v, w \in \mathcal{D}(T)$ , and  $k(\mathcal{D}(T))$  is dense in  $K$ .  $k$  is an isometry, so it makes sense to define  $j : k(\mathcal{D}(T)) \rightarrow H$  by  $j(k(x)) = x$ , and  $j$  is itself an isometry. Because  $k(\mathcal{D}(T))$  is dense in  $K$  and  $j$  is a bounded linear map, there is a unique bounded linear map  $\hat{j} : K \rightarrow H$  whose restriction to  $k(\mathcal{D}(T))$  is equal to  $j$ , and  $\|\hat{j}\| = \|j\| \leq 1$ . Suppose that  $\hat{j}(\phi) = 0$  for some  $\phi \in K$ . As  $k(\mathcal{D}(T))$  is dense in  $K$ , there is a sequence  $v_n \in \mathcal{D}(T)$  such that  $\|kv_n - \phi\|_K \rightarrow 0$ , and as

$$\|v_n\| \leq \|v_n\|_1 = \|j(kv_n)\|_1 = \|\hat{j}(kv_n)\|_1 = \|\hat{j}(kv_n - \phi)\|_1 \leq \|kv_n - \phi\|_K,$$

this means that  $\|v_n\| \rightarrow 0$ . Then,

$$\begin{aligned} \|\phi\|_K^2 &= \langle \phi, \phi \rangle_K \\ &= \lim_{n \rightarrow \infty} \langle \phi, kv_n \rangle_K \\ &= \lim_{m \rightarrow \infty} \lim_{n \rightarrow \infty} \langle kv_m, kv_n \rangle_K \\ &= \lim_{m \rightarrow \infty} \lim_{n \rightarrow \infty} \langle v_m, v_n \rangle_1 \\ &= \lim_{m \rightarrow \infty} \lim_{n \rightarrow \infty} (\langle v_m, v_n \rangle + \langle Tv_m, v_n \rangle) \\ &\leq \limsup_{m \rightarrow \infty} \limsup_{n \rightarrow \infty} (\|v_m\| \|v_n\| + \|Tv_m\| \|v_n\|) \\ &= \limsup_{m \rightarrow \infty} 0 \\ &= 0; \end{aligned}$$

this uses  $\|v_n\| \rightarrow 0$ , and does not presume that  $T$  is bounded. Hence  $\|\phi\|_K = 0$ , so  $\phi = 0$ . This shows

$$\hat{j} : K \rightarrow H \text{ is one-to-one.}$$

<sup>5</sup>Paul Garrett, *Unbounded operators, Friedrichs extension theorem*, <http://www.math.umn.edu/~garrett/m/v/friedrichs.pdf>

For  $h \in H$ , define  $\lambda_h : K \rightarrow \mathbb{C}$  by

$$\lambda_h \phi = \langle \hat{j}\phi, h \rangle, \quad \phi \in K,$$

which satisfies

$$|\lambda_h \phi| \leq \|\hat{j}\phi\| \|h\| \leq \|\phi\|_K \|h\|, \quad \phi \in K,$$

and hence  $\|\lambda_h\| \leq \|h\|$ , so by the Riesz representation theorem there is a unique  $Ch \in K$  satisfying  $\|Ch\|_1 = \|\lambda_h\| \leq \|h\|$  and

$$\lambda_h \phi = \langle \phi, Ch \rangle_K, \quad \phi \in K.$$

For  $h_1, h_2 \in H$ ,  $\alpha \in \mathbb{C}$ , and  $\phi \in K$ ,

$$\begin{aligned} \langle \phi, C(\alpha h_1 + h_2) \rangle_K &= \lambda_{\alpha h_1 + h_2} \phi \\ &= \langle \hat{j}\phi, \alpha h_1 + h_2 \rangle \\ &= \bar{\alpha} \langle \hat{j}\phi, h_1 \rangle + \langle \hat{j}\phi, h_2 \rangle \\ &= \bar{\alpha} \lambda_{h_1} \phi + \lambda_{h_2} \phi \\ &= \bar{\alpha} \langle \phi, Ch_1 \rangle_K + \langle \phi, Ch_2 \rangle_K \\ &= \langle \phi, \alpha Ch_1 + Ch_2 \rangle_K. \end{aligned}$$

This being true for all  $\phi \in K$  implies that  $C(\alpha h_1 + h_2) = \alpha Ch_1 + Ch_2$ . Thus,  $C : H \rightarrow K$  is linear, and  $\|C\| \leq 1$ . Define  $B : H \rightarrow H$  by

$$B = \hat{j} \circ C,$$

which satisfies  $\|B\| \leq \|\hat{j}\| \|C\| \leq 1$ , so  $B \in \mathcal{B}(H)$ .

For  $v, w \in H$ ,

$$\begin{aligned} \langle Bv, w \rangle &= \langle \hat{j}(Cv), w \rangle \\ &= \lambda_w(Cv) \\ &= \langle Cv, Cw \rangle_K \\ &= \overline{\langle Cw, Cv \rangle_K} \\ &= \overline{\lambda_v(Cw)} \\ &= \overline{\langle \hat{j}(Cw), v \rangle} \\ &= \overline{\langle Bw, v \rangle} \\ &= \langle v, Bw \rangle, \end{aligned}$$

so  $B$  is self-adjoint. Moreover, for  $v \in H$ ,

$$\langle Bv, v \rangle = \langle \hat{j}(Cv), v \rangle = \lambda_v(Cv) = \langle Cv, Cv \rangle_K \geq 0.$$

Therefore,  $B$  is a positive operator. As well, if  $Bv = 0$  then  $(\hat{j} \circ C)(v) = 0$ , and as  $\hat{j}$  is one-to-one this means that  $Cv = 0$ , and hence for all  $\phi \in K$ ,

$$0 = \langle \phi, Cv \rangle_K = \lambda_v \phi = \langle \hat{j}\phi, v \rangle.$$

But  $\mathcal{D}(T) \subset \hat{j}(K)$ , so the above holding for all  $\phi \in K$  means in particular that  $\langle w, v \rangle = 0$  for all  $w \in \mathcal{D}(T)$ . As  $\mathcal{D}(T)$  is dense in  $H$ , this implies that  $v = 0$ . This shows that  $B$  is one-to-one. Finally, suppose that  $\phi \in C(H)^\perp$ , so for all  $h \in H$ ,

$$0 = \langle \phi, Ch \rangle_K = \lambda_h \phi = \langle \hat{j}\phi, h \rangle.$$

Because this holds for all  $h \in H$ , we have  $\hat{j}\phi = 0$ , and  $\hat{j}$  is one-to-one so  $\phi = 0$ . This shows that  $C(H)$  is dense in  $K$ . Then, as  $\hat{j} : K \rightarrow \hat{j}(K)$  is a bijection, we have  $B(H)$  is dense in  $\hat{j}(K)$ . But  $\mathcal{D}(T) \subset \hat{j}(K)$  and  $\mathcal{D}(T)$  is dense in  $H$ , so  $B(H)$  is dense in  $H$ .

We define  $\mathcal{D}(A) = B(H)$ , and define  $A : \mathcal{D}(A) \rightarrow H$  by  $Av = B^{-1}v$ , which makes sense because  $B$  is one-to-one. We have just shown that  $B(H)$  is dense in  $H$ , so  $A$  is a densely defined operator in  $H$ . As well,  $A : \mathcal{D}(A) \rightarrow H$  is onto, because  $B \in \mathcal{B}(H)$ .  $A$  is symmetric: for  $v, w \in \mathcal{D}(A) = B(H)$ , there are  $x, y \in H$  with  $Bx = v$  and  $By = w$ , and using the fact that  $B$  is self-adjoint,

$$\langle Av, w \rangle = \langle A(Bx), By \rangle = \langle x, By \rangle = \langle Bx, y \rangle = \langle v, Aw \rangle.$$

Moreover,  $A$  is positive: for  $v \in \mathcal{D}(A)$  there is some  $x \in H$  with  $Bx = v$ , and the fact that  $B$  is positive gives

$$\langle Av, v \rangle = \langle A(Bx), Bx \rangle = \langle x, Bx \rangle \geq 0.$$

In this paragraph we show that  $A$  is self-adjoint; because  $A$  is densely defined it indeed has an adjoint  $A^*$ . Define  $U : H \times H \rightarrow H \times H$  by  $U(v, w) = (w, v)$ , which is unitary. It is apparent that

$$\mathcal{G}(A) = U(\mathcal{G}(B)).$$

For any linear subspace  $X$  of  $H \times H$ ,

$$(UX)^\perp = U(X^\perp).$$

Then using  $J \circ U = -U \circ J$  and Theorem 1 we obtain (since  $-X = X$  when  $X$  is a vector space)

$$\begin{aligned} \mathcal{G}(A^*) &= J(\mathcal{G}(A))^\perp \\ &= J(U(\mathcal{G}(B)))^\perp \\ &= U(J(\mathcal{G}(B)))^\perp \\ &= U(J(\mathcal{G}(B))^\perp) \\ &= U(\mathcal{G}(B^*)) \\ &= U(\mathcal{G}(B)) \\ &= \mathcal{G}(A). \end{aligned}$$

Thus  $A$  is self-adjoint.

Define  $S : \mathcal{D}(T) \rightarrow H$  by  $S = \text{id}_H + T$ . For  $v, w \in \mathcal{D}(T)$ ,

$$\langle v, Sw \rangle = \langle \hat{j}(kv), Sw \rangle = \lambda_{Sw}(kv) = \langle kv, C(Sw) \rangle_K =$$

and also

$$\langle v, Sw \rangle = \langle v, w \rangle + \langle v, Tw \rangle = \langle v, w \rangle + \langle Tv, w \rangle = \langle v, w \rangle_1 = \langle kv, kw \rangle_K.$$

Because  $k(\mathcal{D}(T))$  is dense in  $K$ , it follows that, for all  $w \in \mathcal{D}(T)$ ,  $C(Sw) = kw$ , or  $\hat{j}(C(Sw)) = \hat{j}(kw)$ , i.e.,  $B(Sw) = w$ . This shows that  $w \in B(H) = \mathcal{D}(T)$ , so

$$\mathcal{D}(T) \subset \mathcal{D}(A),$$

and we can apply  $A$  to  $B(Sw) = w$  and get  $Sw = Aw$ . Therefore,

$$S \subset A.$$

Define  $\mathcal{D}(F) = \mathcal{D}(A)$  and  $F = A - \text{id}_H$ . We verify that  $F$  is self-adjoint:

$$=$$

For  $v \in \mathcal{D}(A) = B(H)$ , there is some  $x \in H$  with  $Bx = v$ , and

$$\langle v, Av \rangle = \langle Bx, B^{-1}Bx \rangle = \langle Bx, x \rangle = \langle \hat{j}(Cx), x \rangle = \lambda_x(Cx) = \langle Cx, Cx \rangle_K,$$

but  $\|v\| = \|Bx\| = \|\hat{j}(Cx)\| \leq \|Cx\|_K$ . This shows that

$$\langle v, Av - v \rangle \geq 0, \quad v \in \mathcal{D}(A),$$

or

$$\langle v, Fv \rangle \geq 0.$$

Therefore,  $F$  is positive. For  $v \in \mathcal{D}(T)$ , which is contained in  $\mathcal{D}(F)$ , using the fact that  $S \subset A$ ,

$$Fv = Av - v = Sv - v = v + Tv - v = Tv.$$

Therefore,

$$T \subset F.$$

We have established that  $T$  is self-adjoint and positive, and thus  $F$  is the operator we wish to obtain.  $\square$